

## Study for the Week: He Restoreth My Soul

**Background Reading:** Psalm 42:1-5; Psalm 51:12; John 10:27-29; Revelation 3:20; Joel 2:25; Galatians 6:1; Luke 22:31-32; Mark 16:7; Luke 22:61

### Day One:

Write out the question that the psalmist asked himself in Psalm 42:5.  
Have you ever felt the same way?

### Day Two:

In Psalm 51:12, what did David pray for God to restore to him? Is this something that you need to ask God to restore to your life as well?

### Day Three:

What does God promise to restore to His people in Joel 2:25? How does this apply to your life?

### Day Four:

From Galatians 6:1, describe the kind of spirit we are commanded to have when we help to restore someone who has fallen.

### Day Five:

In Luke 22:31-32, what was the Lord Jesus praying for Peter? He is praying the same for us!

### Day Six:

According to John 21:15-17, Christ caused Peter to face his sin by asking what question?



## He Restoreth My Soul

### Psalm 23:3

Read **Psalm 42:1-5** and notice the question, "*Why art thou cast down, O my soul?*"

According to **John 10:27-29**, our relationship can never change!

David prayed in **Psalm 51:12**, "*Restore unto me the joy of thy salvation.*"

It was not his salvation that was gone, but his joy.

When we get out of fellowship with Christ, we need our Shepherd to restore us.

As a shepherd would turn over a sheep, placing him in an upright position, we need to pray, "*Lord, keep me upright.*"

## I. Our O\_\_\_\_\_ Can Be Restored

The word restore means "*to bring again*" or "*to bring home.*"

Some people think that their lives have been ruined and that nothing good will ever come their way again.

God's Word teaches that our opportunities can be restored.

**Joel 2:25** says, "*I will restore to you the years that the locust hath eaten.*"

This does not mean that they were going to relive the wasted years; it means that, with the years they had left, God would restore everything they had lost.

## II. O\_\_\_\_\_ Can Be Restored

Christians give evidence of their spiritual maturity when they seek to restore the fallen.

**Galatians 6:1** teaches us about restoring others.

**Galatians 6:1** *Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.*

When God's children stray in sin, we are to bring them back to where they should be.

When there is sin, there should be repentance and forgiveness; but it does not stop there.

There must also be restoration.

We need to be willing to show love and to restore others.

We prove that we are not spiritual when we do not seek to restore others.

## III. Our S\_\_\_\_\_ Can Be Restored

We are not able to do what we should with our opportunities or with others until we allow God to do a work in us.

The Shepherd is constantly working to restore us.

Notice how the Shepherd, the Lord Jesus, restored one of His sheep, Peter.

### PETER WAS LOVED BY THE LORD

Christ loves us with an everlasting love.

### PETER WAS PRAYED FOR BY THE LORD

In **Luke 22:32** Christ said, *"I have prayed for thee."*

Our Shepherd loves us and is constantly praying for us!

### PETER WAS CALLED FOR BY NAME

God knows each of His sheep by name, and He singles us out, calling for us to be restored to Him.

See **Mark 16:7**.

**Mark 16:7** *But go your way, tell his disciples and Peter that he goeth before you into Galilee: there shall ye see him, as he said unto you.*

### PETER'S SIN WAS SEEN BY CHRIST

The eyes of the Shepherd are always on us!

Notice **Luke 22:61**.

**Luke 22:61** *And the Lord turned, and looked upon Peter. And Peter remembered the word of the Lord, how he had said unto him, Before the cock crow, thou shalt deny me thrice.*

### PETER WAS ABLE TO REMEMBER HIS SIN

By questioning him three times, Christ caused Peter to remember his unconfessed sin so he could be restored.

### PETER HAD TO FACE THE HEART OF THE MATTER

If you are going to be restored, you must face the real issue— *"Lovest thou me?"*

Just as Christ went after Peter, He is after you.